transition

SEMINAR

Week 06

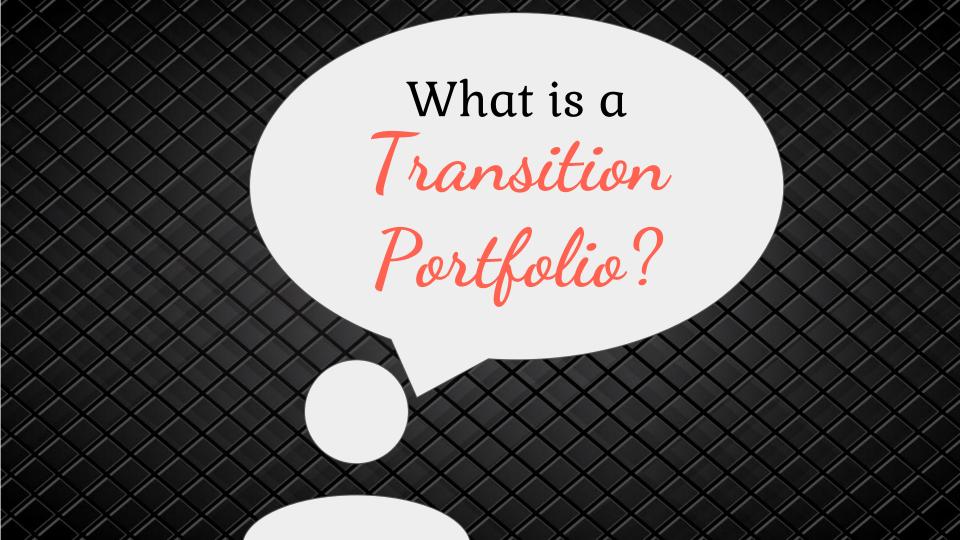




Have you seen

the blog?

There is a blog page on the website now with instructional videos and tidbits of knowledge from Mr. M.



TRANSITION PORTFOLIOS

are designed to ensure that necessary information is in place for students to transition seamlessly from the school to the adult world. It provides a picture of the progression of students from year to year; assisting educators in supporting the coordinated set of activities necessary for an effective transition plan. Transition Portfolios have 2 parts...

Transition at a Glance (TAAC)

The TAAC provides a picture of the transition steps already taken. This page is a quick reference of the activities that the student has completed. It is designed to not only record the activities completed but also to guide the educator in planning future activities that will assist the student in reaching their post secondary goals.

Artifacts

provide evidence of specific activities or information that have occurred during the transition years. The Artifact Sections provides a list of sample work that may be included in the portfolio but is in no way limited to the items on the list. Evidence can include but are not limited to documents, pictures, videos, CDs, evaluations, and tests. Individuality and creativity are encouraged to reflect the individual student.

SAMPLE TRANSITION PORTFOLIO

https://metoyerteaches.wixsite.com/mysite-1









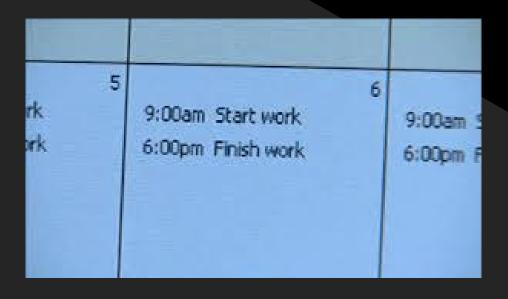
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anagement



A WRITTEN OR DIGITAL SCHEDULE

A regular written daily schedule will aid you on how to budget your time write down your activities and include activities for your family and friends, set a significant time for leisure like leisure activities. A well-written schedule will help you have a more Balanced Life.



Benefits

- Everything is in one place
- A digital schedule is portable, so it can go with you wherever you are.
- Writing your plans down turns abstract goals into concrete work (What does that mean?)
- They help you stay on task when other things come up.
- Please add one more benefit of using a written or digital schedule into the chat.
- Which would you prefer, paper or digital?

PRIORITIZE - PUT 1ST THINGS FIRST!

This habit refers to the idea of prioritizing. Each day whether you know it or not, you prioritize all your daily tasks and routines. The tasks that you spend the most time on shows what you value. If you spend a lot of time on homework and studying, you value your education because you understand the impact it has on your future. If you spend a lot of time on video games or Snapchat you value the present time. It is important to remember that the actions you do now will impact you later. Do not procrastinate task instead you need to – Put First Things First!"

7 Habits of Highly Effective Teens

3 7



In the Chat...

Please list one benefit of prioritizing your time, activites, life

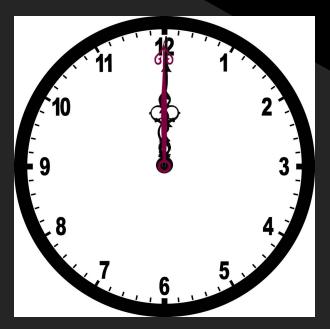
OR

Tell us about a time when you did not prioritize something important over something fun.

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MAKE EVERY MINUTE COUNT

Break your 24 hour day into smaller chunks. Research shows that larger tasks are more easily accomplished when broken down into smaller pieces. The same is true with your day. You have 24 hours, so maximize your time (http://columns.uga.edu/news/article/break-large-tasks-down-into-smaller-more-manageable-pieces/). Our video says break your day end to 10 minute chunks, but for our purposes what's break our day into 30 minute intervals.



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- Which would you prefer, paper or digital?

Here is YOUR

TGKETOUT

For this week



Step #1 Download the assignment from the chat box!

I highly suggest using the PDF, but if FoxIt isn't working for you, use the Microsoft Word version (you can open the word version in Google Docs if needed).



Step #2 Rename your file as follows:

Week 06_LAST NAME

Obviously your last name is different from mine, so replace the words "LAST NAME" with your last name.

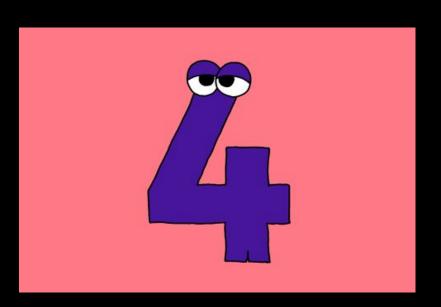
EXAMPLE: WEEK 06_Smith



Step #3 Complete the worksheet.

If you follow the directions & can count to 24, you should be fine.

	Name:
	Date:
Transition Seminar - Week 06/Ticket Out Please list everything you have to do in the next 24 hours (everything including sleeping, eating, homework, tests, quizzes, bathing/hygiene, etc.	
EVERYTHING I HAVE TO DO	EVERYTHING I WANT TO DO



Step #4 Upload your completed worksheet to the website.

https://metoyerteaches.wixsite.com/transition/submit-assignments-here



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You're Welcome...

